

**Dance Camp Los Angeles Schedule**  
**Los Angeles Airport Hilton Hotel**  
**May 2<sup>nd</sup> – May 7<sup>th</sup>, 2017**

All Classes will be held in the La Jolla Ballroom, located on the 2<sup>nd</sup> floor

**Camp Qualifications**

This camp is not for Beginners. You must be proficient in at least the Bronze Level. Even though there are basic figures taught in these classes, the idea is to improve your technique, making you a better dancer, so you may then incorporate these figures into advanced variations. All teachers are confirmed at this time but are subject to change due to circumstances beyond our control.

**Wednesday International Style Ballroom Track – May 3rd, 2017**

- 8:00AM**      **Posture & Warm up Exercises by Victor Fung and Anastasia Muravyeva**  
Focusing on correct posture and exercises to prevent injury and enhance performance.
- 9:00AM**      **Timing, Leg Action, and Transfers of Weight in Waltz by Victor Fung and Anastasia Muravyeva**
- 10:00AM**     **Fundamentals of Connection by Gary McDonald**
- 11:00AM**     **Artistry through Technique by Iveta Lukosiute**
- 12:00PM**     **International Tango Characterization taught by David Kloss**  
Work on the unique characteristics of this strong and powerful dance.
- 1:00PM**      **Lunch Break 1-1/2 hours**
- 2:30PM**      **Posture, Balance, Coordination in Ballroom Dancing taught by Martin Lamb**
- 3:30PM**      **Picture Lines taught by Igor Pilipenchuk**  
Contra Check, Hover Corte, and more.
- 4:30PM**      **How to use Floor Craft taught by Alan Dixon**  
Floor craft skills for social dancing and in competition.

**Thursday International Style Latin Track– May 4th, 2017**

- 8:00AM**      **Latin Muscular Exercises by Tomasz Lewandowski**
- 9:00AM**      **Spice up your Cha Cha taught by Tomasz Lewandowski**  
Forward & Backward Walks, Locks, and Chassés
- 10:00AM**     **Latin Body Action taught by Donald Johnson**
- 11:00AM**     **International Style Samba Techniques taught by Martin Lamb**  
The nuances and technicality behind transfer of weight in Samba
- 12:00PM**     **Dancing with Passion: Jive Masterclass by Corky Ballas**
- 1:00PM**      **Lunch Break 1-1/2 hours**
- 2:30PM**      **“Turns & Spins” taught by Iveta Lukosiute**  
Key Points on Turning, Posture, Arm Positions, Foot Placement, and Head Spotting
- 3:30PM**      **Characterization & Shaping in Paso Doble by Karina Smirnoff**
- 4:30PM**      **International Style Rumba Basics taught by Vibeke Toft**  
Body Action, Timing, Connection and Characterization

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**Friday American Style Rhythm Track – May 5th, 2017**

- 8:00AM**      **Developing Lead & Follow Techniques taught by Marianne Nicole**  
Review the basics and improve your technique.
- 9:00AM**      **Cuban Motion by Albina Habrle**  
Looking effortless while doing Cuban action.
- 10:00AM**     **Rhythmicality, Personality, and Musicality in Mambo taught by Forrest Vance**
- 11:00AM**     **American Style Cha Cha Principals taught by Donald Johnson**
- 12:00PM**     **Body Isolations by Dan Rutherford**  
Shoulders, Rib Cage and Hips.
- 1:00PM**      **Lunch Break 1-1/2 hours**
- 2:30PM**      **Bolero Basics by Sveta Daly**  
Focus on sensual lines and expressive hands.
- 3:30PM**      **American Style Rumba Elements & Techniques taught by Sveta Daly**
- 4:30PM**      **Developing Rhythmical Action Through Stronger Use of Feet and Legs by Bree Watson**

**Saturday American Style Smooth Track - May 6th, 2017**

- 9:00AM**      **Back to Basics taught by Eddie Simon**  
Posture, Position, Frame & Footwork
- 10:00AM**     **Dynamic Performance by Michael Mead**  
Developing sway, elevation, and speed through timing
- 11:00AM**     **Basic Relaxation Technique taught by Heather Smith**  
Exercises to enhance your bodies movement.
- 12:00PM**     **The Fundamentals of Movement taught by Lena Kosovich**  
The secrets of effortless movement.
- 1:00PM**      **Lunch Break 1-1/2 hours**
- 2:30PM**      **Improving Your Rotational Ability by Anna Trebunskaya**  
How to improve your rotation through pivoting actions.
- 3:30PM**      **Methods of Preceding any Promenade Figure by Marzena Stachura**
- 4:30PM**      **Shape & Balance by Marzena Stachura**